



**masters
swimming**
QUEENSLAND

Is pleased to present the



**GREAT BARRIER REEF
MASTERS GAMES**
May 23-26 2019
Cairns Australia

**Swimming to be held at the
Cairns Memorial Swimming Pool
370 Sheridan Street, Cairns North**

23 – 25 May 2019

PROGRAM

Swim for Fitness, Friendship & Fun

Welcome

On behalf of the Masters Swimming Queensland (MSQ) Board, I would like to welcome everyone to the 2019 Great Barrier Reef Masters Games for 2019.

MSQ is proud to host this event at Tobruk Memorial Pool, Cairns. We welcome international competitors, as well as swimmers from all around Australia. We are also proud to support Multi Class Swimming by offering classified swimmers the opportunity to be recognised in their classifications.

I wish to offer a special thank you to our Vice-President, North, Cheryl Brodribb, who has taken on the role of Sport Convenor for this event. MSQ are grateful to Cheryl for giving our wonderful swimming community the time, dedication and effort to run this event. Her knowledge and experience have been invaluable.

Thanks also go to all our officials who have travelled across Queensland to be here to officiate. Thank you especially, to John Barrett, MSQ's Director of Technical Services, for organising and looking after the team that make events like this happen.

Lastly, I want to wish everyone involved a happy and successful event. This is a great time to catch up with old friends and make new ones. I hope everyone builds treasured memories of fitness, friendship and fun, and that you will return for more in two years' time.

Shane Knight

President, Masters Swimming Queensland

Venue

Tobruk Memorial Swimming Pool
370 Sheridan Street
Cairns North Queensland 4870

Hosted by Masters Swimming Queensland (MSQ)

Email: admin@mastersswimmingqld.org.au

Website: www.mastersswimmingqld.org.au

Facebook: MSQ Masters Swimming Queensland & Mastersswimmingnq

Instagram: mastersswimmingnq

Officials and Support Staff

Sports Coordinator	Cheryl Brodribb
Meet Director/s	Diane Owens / Shane Knight
Meet Referee	John Barrett
Masters Swimming Queensland President	Shane Knight
Meet Recorder and assistants	David Findlay, Martin Banks, Don Taylor
Referees/Starter	John Barrett, Cheryl Brodribb, Rob Lucas, Michele Burley-Jones, Louise Nicholson, Kathy Hare, Geoff Robinson
Chief Marshalls	Derek Garner, Brian Brodribb, Rob Kelly
Chief Timekeeper	Brian Brodribb
Check Starters	Brian Phillips, Kent Wilton, Brian Brodribb
Medals	Christina Scolaro
First Aid	Tobruk Memorial Pool Staff
Raffles	Cairns Clams Masters Swimming Club

Days of Competition

Thursday 23rd May	Warm-up: Starting time:	1:30pm - 2:15pm 2:30pm
Friday 24th May	Warm-up: Starting time:	7:30am - 8:15am 8:30am
Saturday 25th May	Warm-up: Starting time:	7:30am - 8:15am 8:30am

INFORMATION FOR COMPETITORS

Timekeeping

Start times are dependent upon sufficient timekeepers being in place for the first event of each day.

Timekeeping lanes have not been allocated. We ask that all participating clubs assist with timekeeping please to help with the smooth running of the swim meet. Ideally no calls for timekeepers will have to be made during the swim meet.

Timekeepers please note:

- Do not respond to swimmers' questions relating to their recorded time – this only delays the meet and if only one time is given it may be the incorrect final time;
- Ensure that the swimmer is the person as described on the time sheet;
- In the event that your stopwatch malfunctions, please advise the Chief Timekeeper immediately.

Timing Equipment

We are using the Swiss Quantum – Electronic Timekeeping System. However, we will still require timekeepers for each lane. Announcements about the timekeeping procedure will be made at the start of each day's competition.

Swimming Rules

The following rules shall apply as at the close of nominations:

MSA Competition rules:

<https://mastersswimming.org.au/rules-and-policies/>

Liability Release

By nominating to participate in this swim meet, all swimmers thereby authorise the Meet Director to take whatever action is deemed necessary in the event of an emergency and the swimmer must accept responsibility for all costs arising from such action.

Swim Program

Please check your events program to ensure that all entries are correct. Where it is felt that your nominations have been recorded incorrectly, you should bring this to the attention of the Meet Director as soon as possible.

Events List

Event	Day 1 - 23 May	Event	Day 3 - 25 May
1	400m Freestyle (also form strokes)	13	200m Butterfly
	If swimming a form stroke, please fill in a form from the medal table prior to your swim	14	50m Freestyle
2	200m Individual Medley	15	100m Breaststroke
Event	Day 2 – 24 May	16	200m Backstroke
3	200m Breaststroke	17	50m Butterfly
4	50m Backstroke	18	4 x 50m Women's Freestyle Relay
5	100m Freestyle	19	4 x 50m Men's Freestyle Relay
6	50m Breaststroke	20	4 x 50m Mixed Medley Relay
7	100m Backstroke		
8	100m Butterfly		
9	200m Freestyle		
10	4 x 50m Women's Medley Relay		
11	4 x 50m Men's Medley Relay		
12	4 x 50m Mixed Freestyle Relay		

Saturday: Presentation of awards at the end of swim meet.

Warm-up & Cool down Facilities

On Thursday the main pool will be available for warm-up from 1:30pm. The main pool is to be vacated by 2:15 pm for the start of the swim meet. On both Friday and Saturday, the main pool will be available for warm-up from 7:30am. The main pool is to be vacated by 8:15am each of these days for the start of the swim meet. During the swim meet the 25m pool will be available, but not for exclusive use. Entry is FEET FIRST only – NO DIVING.

Please ensure you take note of any signage regarding the swim stroke permitted in each warm-up/cool down lane. Under no circumstances is diving permitted in the 25m pool, but diving is permitted **only in designated lanes** of the main pool prior to the commencement of the swim meet. Supervisors will be on duty to remind competitors of their obligations. Warm up procedures and signage may change during the swim meet at the discretion of the lane supervisors to suit the needs of the program. All entries are always to be feet first plunge with diving prohibited, except for warm-up prior to the commencement of each day's swim program and only in the designated lane.

Records

- World records will not be recognised as multi-sport Masters' Games are not a FINA event
- Any swimmer may break a Great Barrier Reef Masters Games Record
- Any Masters Swimming Queensland member may break Queensland Records and National Records
- Any Masters Swimming Australia member may break their respective State Records and National Records

Relay Events

Relay nominations are to be submitted daily and handed to the Medal table by 10am each day. **NO LATE ENTRIES WILL BE ACCEPTED.** Club teams and non-Masters' swimmers are eligible for relay events. Relay Forms will be available at the medal table each day. **Swimmers may only enter one team per relay event.** The cost is \$20 per team and to be paid in total when submitting nominations. PayPal, MasterCard, Visa or cash payments will be accepted on the day.

All swimmers who have been nominated for a relay team must have also swum in at least one individual event. Note, that with electronic timing, the order of swimmers in each event is critical. Any changes to a relay team, after they have been lodged, are at the discretion of the Meet Director and this decision shall be final.

Results

Provisional Results will be posted as soon as practicable after the completion of each event. These results will be marked as **Final** once a **minimum of 30 minutes has expired**, and after protests (if any) have been resolved. Medal presentations for any event shall not be made until the results, as posted, are marked FINAL. Results will also be live on Meet Mobile or MSQ e-program.

Protests

Protests on swim results must be made in writing and submitted to the Meet Director **within a half hour** of posting the Provisional Results. Protests are to be made on the official form which is available from the medal table. **A protest carries a fee of \$10** which is refunded if the protest is upheld. The **fee must be paid** when collecting the protest form.

Starts

At the discretion of the Meet Referee, starts may be affected over the top of the previous heat. Where this is the case, the swimmers from the previous heat are to remain in the water, and to move to one side of the lane until directed by an Official to exit the pool.

Awards

Each gender and age group will receive medals, awarded to the first three placings in each individual event. The 4 x 50m relay teams will be awarded four medals for the first three placings in each event.

Medals

Medals may be collected from the medal table. Please sign for your medals. Uncollected medals will not be mailed unless a self-stamped addressed envelope is provided.

Parking

Parking is available in the car park area at the side and rear of the pool. Please follow all road signage.

Seating

The grandstand has seating for 420 people. You are welcome to display your club banner. Please ensure that you have sunscreen.

Pool Deck Access

Pool deck access is limited to marshalling for events. **The Officials, Recorder, Media and Announcing areas are OFF LIMITS to competitors and spectators.** Any queries please assist by talking to Christina Scolaro (MSQ Administrator), Diane Owens (Meet Director), Shane Knight (Assistant Meet Director) or Cheryl Brodribb (Sports Coordinator).

Catering

The Tobruk Memorial Swimming Pool “Swell Café” is available throughout the swim meet:

- A variety of well-priced hot and cold foods plus cakes, slices, biscuits and fruit will be available
- Tea, coffee, cold drinks, lollies and ice-creams are also available

First Aid

First Aid facilities will be available by the Tobruk Pool Staff. Any accident or injury should immediately be brought to their attention and to the attention of the Meet Director/s.

Emergency Evacuation

In case of an emergency evacuation you will be directed to go to the “*emergency entrance*” at the double gates at the front entrance of the pool on the south-western boundary of the pool complex (the main pool entry). If asked to evacuate please do so immediately.

Raffles

Cairns Clams Masters Swimming Club will be holding raffles and a \$100 board during the three-day event. Tickets will be available at the raffle table.

Thank you

The Great Barrier Reef Masters Games and Masters Swimming Queensland would like to thank everyone for their attendance at the 2019 Great Barrier Reef Masters Games. A swim meet of this magnitude requires many hours of dedicated work to plan, set up, run and clean up. To all who have helped in any way, great or small, we say “**THANK YOU VERY MUCH**”.

We hope you will come back in two years’ time to defend your record/s and/or set new records. We thank you for supporting the games and wish you all a safe trip home.

Thank you to our sponsors. Your support is greatly appreciated.





Rydges Esplanade Resort Cairns



SAVE THE DATE

**MSQ
State Championships
2020
Cairns
8-10 May
Tobruk Pool**



We look forward to welcoming you back to Cairns, and the Cairns Tobruk Memorial Swimming Pool, for the Masters Swimming Queensland State Championships
8 – 10 May 2020